

One Person  
per week

quantity	item	cost	total
1	1/2 gal milk	\$2	2
1	box cereal	\$3	3
	soda, water		8
2	lunch meat	4	8
1	sliced cheese	2	2
3	tuna	1	3
1	mayo	2	2
	mustard, ketchup	2	4
2	frozen pizza	3	6
1	hot dogs	4	4
	buns, bread	4	4
3	soup	2	6
4	frozen dinners	2	8

**aprox \$240 per mo**

**\$60 per week**