

SETTING GOALS

What is a goal? _____

Why should I have goals?

What happens if I do not set goals with my life?

What goals have I set in the past?

How did I succeed at reaching my goals in the past?

How have I failed to reach my goals in the past?

What do I want to learn this week?

This month? _____

This year? _____

What do I want to accomplish this week?

This month? _____

This year? _____

What do I need to change today?

What are my top 5 priorities?

What should happen if/when I fail?
