

## **Define it:**

an experienced and trusted adviser. To train, show the way, tutor, and coach a mentor who, because he is detached and objective, can hold up a mirror to us

## **How to Mentor:**

1. Be available, answer phone and text messages asap, at least daily
2. Initiate accountability for job, relationships, money, church, etc
3. Have them put the plan in writing, even job applications
4. Explore possibilities together, be creative, find solutions
5. Keep healthy boundaries: (teach and practice)
  - a. Keep appointments
  - b. Be on time
  - c. Keep your word (say what you mean, mean what you say)

## **Who can Mentor:**

If you don't have 10 minutes a day, don't mentor

If you can't offer a ride, don't mentor

If you can't say NO, don't mentor

If you don't know policy and procedure, you can't represent

## **Keys (Do's and Don'ts)**

1. Don't be alone with the opposite sex
2. Don't get so friendly (and "nice") that you can't be honest
3. Don't be so clinical that you can't be open about your own issues
4. Don't be condescending
5. Don't loan money
6. Don't keep secrets from administration